

## **The Australian Academy of Tai Chi Rockhampton & District**

Contact Russell on 49364009 or Debbie on 0437 740 278 or [jwvnunen@gmail.com](mailto:jwvnunen@gmail.com)  
Classes held at Uniting Church Hall, Berserker Street opposite North Rockhampton High

\$12 per one hour lesson or \$8 for concession card holders/students

### **2018 Calendar**

#### **Term 1 (10 weeks)**

- Beginning of term **Wednesday 24th January 6pm** Tai Chi classes
- Gardens Lesson (**Botanical Gardens**) Sunday 9.00am the **25<sup>th</sup> February** -free lesson
- Term ends **28<sup>th</sup> March** (Wednesday night 6pm, end of term break up)

#### **Term 2 (11 weeks)**

- Beginning of term **Wednesday 18<sup>th</sup> April 6pm** Tai Chi classes
- World Tai Chi Day (**Botanical Gardens**) Saturday **28<sup>th</sup> April 10am** Botanical Gardens - free lesson
- Gardens Lesson (**Botanical Gardens**) Sunday 9.00am the **20<sup>th</sup> May** - free lesson
- Term ends **27<sup>th</sup> June** (Wednesday night 6pm, end of term break up)

#### **Term 3 (10 weeks)**

- Beginning of term **Wednesday 18<sup>th</sup> July 6pm** Tai Chi classes
- Brisbane annual seminar - New Farm - **to be confirmed**
- Gardens Lesson (**Botanical Gardens**) Sunday 9.00am the **19<sup>th</sup> August** - free lesson
- Term ends **19<sup>th</sup> September** (Wednesday night 6pm, end of term break up)

#### **Term 4 (10 weeks)**

- Beginning of term **Wednesday 10<sup>th</sup> October 6pm** Tai Chi classes
- Gardens Lesson (**Botanical Gardens**) Sunday 9.00am the **4<sup>th</sup> November**
- Term ends **12<sup>th</sup> December** (Wednesday night 6pm, end of term break up)

#### **Other Classes**

**Daytime classes for Rockhampton 60 & Better members are 10:30 am Mondays** at the Rockhampton Uniting Church Hall in Campbell Street from February to November with breaks for public holidays only. **Contact 49140065**

**Daytime classes for Rockhampton University of the Third Age (U3A) are 7:30 am Friday** at the Kershaw Gardens (entrance opposite Knight Street). **Contact: 49364792**

*All Rockhampton and District students are welcome to attend the lessons in the Botanical Gardens and the evening class term end break-up sessions.*

*Exercise notes, music CDs and video DVDs are available from the web site*

*([www.livingchi.com.au](http://www.livingchi.com.au)), either by download or by ordering from AATC Brisbane - Ph. 33581955 as appropriate.*