

The Australian Academy of Tai Chi

Rockhampton & District

Contact Russell on 49364009 or Debbie on 0437 740 278 or deb@ynpools.net.au

Classes held at Uniting Church Hall, Berserker Street opposite North Rockhampton High School

2017 Calendar

Term 1 (10 weeks)

- Beginning of term **Wednesday 25th January 6pm** Tai Chi classes
- Gardens Lesson (**Botanical Gardens**) Sunday 9.00am the **26th February**
- Term ends **29th March** (Wednesday night 6pm, end of term break up)

Term 2 (10 weeks)

- Beginning of term **Wednesday 19th April 6pm** Tai Chi classes
- World Tai Chi Day (**Botanical Gardens**) Saturday **29th April 10am Botanical Gardens**
- Gardens Lesson (**Botanical Gardens**) Sunday 9.00am the **21st May**
- Term ends **21st June** (Wednesday night 6pm, end of term break up)

Term 3 (10 weeks)

- Beginning of term **Wednesday 12th July 6pm** Tai Chi classes
- Brisbane annual seminar – New Farm – **Friday 19th to Sunday 21st August**
- Gardens Lesson (**Botanical Gardens**) Sunday 9.00am the **13th August**
- Term ends **13th September** (Wednesday night 6pm, end of term break up)

Term 4 (10 weeks)

- Beginning of term **Wednesday 4th October 6pm** Tai Chi classes
- Gardens Lesson (**Botanical Gardens**) Sunday 9.00am the **29th October**
- Term ends **6th December** (Wednesday night 6pm, end of term break up)

Other Classes

Daytime classes for Rockhampton 60 & Better members are 10:30 am Mondays at the Rockhampton Uniting Church Hall in Campbell Street from February to November with breaks for public holidays only. **Contact : 49210065**

Daytime classes for Rockhampton University of the Third Age (U3A) are 7:30 am Friday at the Kershaw Gardens (entrance opposite Knight Street). **Contact: 49364792**

All Rockhampton and District students are welcome to attend the lessons in the Botanical Gardens and the evening class term end break-up sessions.

Exercise notes, music CDs and video DVDs are available from the web site (www.livingchi.com.au), either by download or by ordering from AATC Brisbane - Ph. 33581955 as appropriate.