

## AMY ZELMER

Amy Mary Zelman, nee Elliott  
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**Occupation:** Retired

**Overview:** Many 'health consumers' ('patients') are at a disadvantage in making decisions about their own health care because of the difficulties in understanding complex health information, especially when they are in stressful personal situations. I believe that individuals benefit when they are able to make informed decisions about their own health care, and that the community and health services are able to be more effective when all of the participants are able to work together effectively.

### **Education:**

PhD - education administration and communications

MPH - health education

BSc(N) - nursing education

### **Employment History:**

- Emeritus Professor, Central Queensland University since 1996
- Joint Regional Director (part-time) R'ton Office, Anti-Discrimination Commission (Queensland) 1997-99
- \* Previously employed in senior academic and administrative positions with universities in Australia and Canada and with WHO as a Health Education Specialist

### **Consumer and Community Involvement:**

2003-10 Associate Member, Consumers Health Forum, Australia  
served on several health profession/government bodies

- Australia Fall Prevention Project
- Clinical Handover Roundtable
- Clinical Registries Governance Reference Group
- GP Computing Group medications review project
- NEHTA Continuity of Care Reference Group
- Broadband for Health Working Group

2008-09 - Fourth Community Pharmacy Agreement

- Consumer Representative R&D Program
- Chair Investigator Initiated Grants Panel

2000-10 Cochrane Collaboration Consumer Network, providing consumer input for 100+ protocols and reviews

2005 Resource person "Nurturing Migrants Project" CQU

2000-03 Volunteer literacy tutor, Access Recreation, R'ton

1997-98 Consultant, Australia-China Institutional Linkages, IDP  
1996-98 Consultant, CQU staff development workshops  
1995-99 Assoc Editor, *IPCT-J* (Interpersonal and Communications  
Technology Journal)  
1993-95 - Chair, CQU Research Ethics Advisory Committee  
1992 Consultant, IDP-AVCC/ADB Ministry of Health, Malaysia  
1991-95 Public Member, Central Region Health Authority, Qld  
1990-92 Chair, CQU Human Ethics Research Review Panel

- **Life Memberships:**

- Australian Country Hospital Historical Assoc
- Multiple Sclerosis Society, Queensland
- Dying with Dignity, Queensland
- EXIT International

- **Most Recent Honours and Awards:**

18 February 2010 - Central Queensland University named its Rockhampton Campus nursing headquarters 'The Amy Zelmer Building'

- **Publications and Presentations:**

List available on request. Most are of an academic nature or are teaching materials for professional use.